



Foley Senior Center

304 E. Rose Ave, Foley, AL 36530 251-943-1877

www.facebook.com/pages/Foley-Senior-Center



Dear Friends,

To those of you that attended the Older American's breakfast, thank you for coming and allowing us to serve and honor you. The City of Foley appreciates the value you bring to our community. As we move into the summer months remember to stay cool, wear your hats and sunglasses, drink lots of water, and be prepared for the upcoming storm season. Our highlights for the month of June are: **Beginning Monday, June 4th our Water Aerobics program at the Max Griffin Pool will start back for the summer.** Classes will be held on Mondays, Tuesdays and Thursdays at 11:00am. On Thursday, June 7th, (Weather Dependent) we will go to the Blueberry farm to pick berries. We will get an early start to try and beat the heat by leaving at 8:00am. The cost is \$1.50 per pound. We will only be able to take 16, so if you are sincere about going please sign up. On Tuesday, the 12th, at 2:00 pm, join us for BINGO. This month Caroline Bishop with the Haven will play with us. Many of you have asked to do another trip on the Gulf Coast Ducks, well you've got it. On Thursday, June 14th, we will depart the Center at 9:30am. Our 'cruise time' is 11:00 and will last for 60 minutes. We will stop on the causeway for lunch as we return to Foley. The cost is 23.00 and remember you aren't officially signed up until you pay. This month, we will have coffee with our Fire Chief, Joey Darby, on Tuesday the 19th, at 9:00am. Sign up to reserve your place. Also on the 20th is our movie. This month's feature is *15:17 to Paris*, Rated PG-13 on appeal for bloody images, violence, some suggestive material, drug references and language. We will be showing it at 1:00 in the library. Please sign up to reserve your place for our movie. Dinner B4 Dark will be at Ivey's in Robertsdale. We will leave the center at 3:30. Please sign up for this event also. Pot Luck will fall on June 26th, and the city will provide fried chicken. We ask that you bring a dish to share. On Friday the 29th, at 11:00 we will have Lunch N Learn. Our topic this month is Skin Cancer and Dr. Douglas Caron will be our speaker. We will provide a soup and salad lunch for \$2.00 or you may brown bag and we will provide dessert and drink. Please sign up.

We want to make you aware of the upcoming changes in our Saturday night dance schedule. Beginning with July 7th, we will open the doors at 6:00pm, Exit 105 will begin playing at 6:30, and they will break at 7:45, and we will wrap up for the evening at 9:00pm. We are in hopes this will make it easier for you to enjoy the entire evening with us.

We hope to see you soon,

Teresa, Mike, Sue and Pam



June Birthdays - Happy Birthday to you, Happy Birthday to you,
Happy Birthday Dear Friends, Happy Birthday to you!

Cheryl Aubuchon, Deborah Avera, Jack Baber, Jean Baughn, Sandra Baxter, Karen Beierlein, Ben Bonnet, Donald Bradbury, Evely Bryson, Hazel Burke, Alice Carson, Edward Clapper, Janie Copeland, June Dahlman, Betty Doyle, Odene Forsythe, Jeanne Fortinberry, Wayne Foster, Robin Gotlieb, Juanita Graham, John Helms, Sharrol Heruska, Cynthia Humphries, Winda Jenkins, Dot Lane, Judith Logsdon, Margie Malec, Bill McPherson, Marcia Miles, James Miller, Doris Nichols, Elsie Norgard, Ruby Ojeda, Barney Olsen, Renee Oosterbaan, Elizabeth Owen, Jewell Pennington, Betty Putnam, Fred Robinson, Helen Rogers, Kathy Shertzer, Lois Smith, Tatyana Swanson, Eileen Sylvester, Les Takacs, Sheila Wathen, Ann Williams, Kathy Wilson, Sharon Wineman.

ATTENTION

MONDAYS - 9:30 Pinochle; 10:00 Exercise with Lorelea \$1.00 for members & \$2 for guests; 11:30 Duplicate Bridge; 1:00 Mexican Train Dominoes.

TUESDAYS - 9:30 Crochet; 2:00 Chair yoga with Lorelea \$1.00 for members & \$2.00 for guests; 3:30 Ballroom Dance Lessons w/Sherry Cook \$10.00 per class; 2:00 BINGO (2nd Tues); 1:00 Movie Madness (3rd Tues library); Photography Club (4th Tuesday); Potluck 12:00 (Last Tues.)

WEDNESDAY - 8:00 Open Jam; 11:00 Party Bridge; 11:45 Beginner Line Dance; 12:45 Improver Line Dance; 1:15 Int/Adv Line Dance; 2:30 Square Dancing \$5.00 per person.

THURSDAYS - 9:30 Pinochle (bring a brown bag lunch); 10:00 Open Cards & Games (1st & 3rd); 10:00 Senior Travelers (2nd & 4th); 12:45 exercise with Lorelea \$1.00 for members \$2.00 for guests; 2:00 Chair yoga with Lorelea \$1.00 for members & \$2.00 for guests; 7:00pm Antique Tractor Club(1st Thursday).

FRIDAYS- 9:00 Senior T.O.P.S. meeting; Intermediate Tai Chi \$1.00 members and \$2.00 guests; 10:00 Beginner Tai Chi \$1.00 members and \$2.00 guests; 1:00 Hand and Foot.

SATURDAYS - 1st & 3rd Saturday Night Dance- Doors open at 6:00 and dance begins at 7:00. Music provided by various bands. Cost is \$5 for members and \$7 for members. Please bring refreshments of your choice.